



## TREKKING ITINERARY

### Dhampus - Sarangkot Trek

**DAY 1.** Drive from Pokhara to Phedi - about half an hour. Commence trek to Dhampus (1.750m) - about 3 hours walk

**DAY 2.** Trek to Sarangkot (1.592m) via Naudanda - about 6 hours walk

**DAY 3.** Trek downhill to Pokhara Lake Side via Pame - about 3 hours and transfer to your hotel

#### TREKKING TIPS

TREKKING TIME	3 days
DIFFICULTY	Easy
BEST SEASONS	Spring & Autumn
HIGHEST POINT	1.750m, Dhampus
ACCOMMODATION	Mountain Lodges / Camping

#### CONTACT

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