



TREKKING ITINERARY

Kathmandu Valley Rim Trek "Nagarkot - Shivapuri - Budhanilkantha"

DAY 1. Drive from Kathmandu to Nagarkot (2.175m), 33 km east of Kathmandu and commence trek to Chauki Bhanjyang (1.850m) - about 3 hours walk

DAY 2. Trek uphill to Chisopani (2.194m) - about 6 hours walk

DAY 3. Trek to Shivapuri (2.563m) - about 6 hours walk

DAY 4. Trek downhill to Budhanilkantha - about 3 hours walk and drive back to Kathmandu

TREKKING TIPS

TREKKING TIME 3 days

DIFFICULTY Easy to Moderate

BEST SEASONS Throughout the year (except rainy season)

HIGHEST POINT 2.563m, Shivapuri

ACCOMMODATION Camping only

CONTACT

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