



## TREKKING ITINERARY

### Trail

**DAY 1.** Drive from Pokhara to Bijaya Pur - about half an hour. Commence trek to Kalikasthan (1.370m) - about 4 hours walk

**DAY 2.** Trek to Shaklung (1.730m) - about 6 to 7 hours walk

**DAY 3.** Trek to Chisopani (1.600m) - about 4 hours walk

**DAY 4.** Trek back to Begnaslak - about 4 hours walk. Drive back to Pokhara - about an hour

### TREKKING TIPS

TREKKING TIME	4 days
DIFFICULTY	Easy to Moderate
BEST SEASONS	Spring & Autumn
HIGHEST POINT	1.730m, Shaklung
ACCOMMODATION	Camping only

### CONTACT

Mr Bijaya Pradhan, Kathmandu (Nepal)  
**Tel:** 977 - 1 - 441 36 90 | **Mobile:** 977 - 985 103 78 66  
**E-mail:** stt@mos.com.np | sttpradhan@gmail.com  
**Website:** www.dreamnepal.com.np