

TREKKING ITINERARY

Chepang Hills Trail

CHITWAN	
<p>DAY 1 Kathmandu - Hugdi Bazar - Hattibang</p>	<p>Drive to Hugdi - about 3 hours. Trek to Hattibang - about 4 to 5 hours.</p> <p>At night: cultural show / local handicraft on sale <i>Home Stay / Community Guest House</i></p>
<p>DAY 2 Hattibang - Jautesh-Change-Dinglang - Jyandala</p>	<p>Trek to Jautesh-Change-Dinglang - about 3 hours</p> <p>Overnight at Jyandala, a pure Chepang village <i>Home Stay / Camping</i></p>
<p>DAY 3 Jyandala - Siraichuli - Chisapanitar - Gadi</p>	<p>Trek to Siraichuli for mountain views, sunrise or sunset - about 1 hour.</p> <p>Trek to Chisapanitar for bird watching - about 4 hours</p> <p>Trek to Gadi to observe historical fort - about 1,5 hours from Chisapanitar to Gadi <i>Home Stay / Camping</i></p>
<p>DAY 4 Gadi - Shaktikhor</p>	<p>Trek down from Gadi to Shaktikhor - about 3 hours (cultural experience at Shaktikhor / observe Chepang Museum / MUVIC).</p> <p>Trek to Sinti waterfall and Sinti Cave village walk - about 2 hours</p> <p>Cultural show by Chepangs, Magars <i>Home Stay</i></p>
<p>DAY 5 Shaktikhor - Kathmandu (or Sauraha)</p>	<p>Drive from Shaktikhor to either Sauraha or to Kathmandu</p> <p><i>Optional: extend the itinerary with three days. More information below.</i></p>

TREKKING TIPS

TREKKING TIME	5 days / 7 days
DIFFICULTY	Easy to Moderate
BEST SEASONS	Spring & Autumn
ACCOMMODATION	Home Stay / Community Guest houses

CONTACT

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Extra Three Days

CHITWAN	
<p>DAY 5 Shaktikhor - Sinti - Siddi - Majhbang</p>	<p>Trek to Sinti water fall and Sinti cave village walk Majhbang village tour and Chepang cultural experience at Siddi and Majhbang - about 6 to 7 hours <i>Home Stay</i></p>
<p>DAY 6 Majhbang - Chitram - Majhbang / Siddi</p>	<p>Trek to Chitram waterfall and back to Majhbang or Siddi Experiencing the Chepang culture, bird watching, fishing, Chepang village - about 4 hours <i>Home Stay</i></p>
<p>DAY 7 Majhbang / Siddi - Shaktikhor - Kathmandu</p>	<p>Trek back to Shaktikhor - about 3 hours Drive back to Kathmandu</p>

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