

TREKKING ITINERARY

Pikey Cultural Trail

SOLUKHUMBU	
DAY 1	Fly from Kathmandu to Phaplu (2.469m) - about 35 minutes. Visit Chewang Monastery. Walk to Salleri (2.390m) - about 30 minutes.
DAY 2	Trek to Ghunsa, via Dorpu - about 5 to 6 hours
DAY 3	Trek to Pattale (2.840m), via Ghunsa - Kerung - about 7 to 8 hours
DAY 4	Trek to Jhapre (2.820m) - about 5 to 6 hours. Visit Buddhist Stupa in Jhapre
DAY 5	Trek to Pikey Base Camp (3.640m) - about 5 to 6 hours
DAY 6	Trek to Junbesi (2.700m) via Pikey Peak (4.065m)
DAY 7	Trek to Thuptenchholing (2.920m) and return to Junbesi - about 4 hours
DAY 8	Trek to Phaplu (2.469m) - about 5 to 6 hours
DAY 9	Fly from Phaplu to Kathmandu - about 35 minutes. **

TREKKING TIPS

TREKKING TIME	9 days
DIFFICULTY	Moderate
BEST SEASONS	Spring & Autumn
HIGHEST POINT	4.065m, Pikey Peak
ACCOMMODATION	Lodges / Home Stay / Camping

** OPTIONAL

There are two other options for this trip from Junbesi:

- Continue to Everest Base Camp via Takshindu
- Continue to Dudhkunda Cultural Trail from Thuptenchholing

For more information, please contact us!

CONTACT

Mr Bijaya Pradhan, Kathmandu (Nepal)
 Tel: 977 - 1 - 441 36 90 | Mobile: 977 - 985 103 78 66
 E-mail: stt@mos.com.np | sttpradhan@gmail.com
 Website: www.dreamnepal.com.np