

Complete Overview Sights & Activities

TANAHUN

SIGHTS & ACTIVITIES

Warm Water Rafting Rafting on Setimadi, grade II river, which originates from the Annapurna and Manaslu Himalayan Ranges, is a great experience for students and families alike as well as it is an excellent training place for river guides. It is the only all season rafting destination of the country. The 32 km long tour incorporates various flora and fauna and Gurung and Magar culture. Option: two day rafting program starting from Damauli, Khahare, Sarangghat, Pyughar to Chitwan.

Rock Climbing The 165 meters high Chun Pahara (cliff) offers an exciting adventure with magnificent view of Annapurna and Manaslu Himal and sweet sound of Marsyangdi river.

Cave Observation There are more than a dozen caves in Tanahun of which Siddha Cave in Bimalnagar is one of the biggest in the country. Half a dozen caves are still to be explored, which makes Tanahun an important place to study and research on caves.

Queen of Hills (Bandipur) Bandipur is the old district headquarters, also known as the Queen of Hills, situated at an altitude of 1.030m from the sea level. See the page of Bandipur for more information and trip itineraries.

Kaura Dance is the most popular and danced in almost all the villages of the district. Kaura is also known as Chutka at some places. Locals believe that Kaura dance originated from Tanahun. Anyone can join Kaura dance as the males sing and play musical instruments and females dance along the beat.

Manahunkot Hiking Manahunkot is at an altitude of 1.100m from the sea level. It is famous for the spectacular view of Dhawalagiri and Langtang ranges, jungles, valleys, mountains and riverbanks. Besides this it also offers beautiful sunrises and sunsets, paragliding, flora and fauna along with local dishes. Anantikunda and rainwater harvest center of Manahunkot are places for studies and research.

Chhimkesworilek (The Tallest Top Hiking) Chhimkesworilek is a famous religious and cultural place at an altitude of 2.335m. Spectacular views of Dhawalagiri and Langtang ranges, flora and fauna, Gurung culture of Dharampani, Magar culture in Bhang and Bhujel culture of Akalang.

CONTACT

Mr Bijaya Pradhan, Kathmandu (Nepal)
Tel: 977 - 1 - 441 36 90 | Mobile: 977 - 985 103 78 66
E-mail: stt@mos.com.np | sttpradhan@gmail.com
Website: www.dreamnepal.com.np



Damauli - Tanahunsur Hiking Tanahunsur is the last state ruled by the Shen dynasty (Nepal was divided into many small autonomous states ruled by different Kings) at an altitude of 1.241m from the sea level. It is a 3-hour hike from Damauli via Ghansikuwa to Tanahunsur. Tanahunsur is becoming a historic hiking area as palace, cannons, traps and weapons used by the kings of that time can be observed and studied. It is also famous for sunrise and sunsets as well as the Newar and Magar culture.

Kyasmiri Trekking has been developed by combining historic, religious, cultural, flora and fauna of four VDC's: Kyamin, Satiswara, Mirlung and Risti. This religious and cultural trek starts from Kalesti Valley (700m) and ends at Mirlungkot (2.000m). Mirlungkot is one of the best places to observe Dhawalagiri, Machhapuchhre, Annapurna, Manaslu and Langtang ranges as well as sunrise, sunset and layers of hills.

CONTACT

Mr Bijaya Pradhan, Kathmandu (Nepal)
Tel: 977 - 1 - 441 36 90 | **Mobile:** 977 - 985 103 78 66
E-mail: stt@mos.com.np | sttpradhan@gmail.com
Website: www.dreamnepal.com.np